

## Become a Strategic Thinker

Are you flexible? If you can do the splits that is great. However, in strategic thinking, we are talking about having a flexible mindset. An assumption about strategic thinkers, is that they are rigid and unbending when it comes to their thought process. That is not the case in being a successful strategic thinker, especially when it comes to goal planning. You need to envision a plan, start executing it and then have the ability to put the brakes on, so that you can shift your direction for success.

Keep an eye on your goal timelines and you will be able to spot the moments when it is time to do some strategic thinking about how to change direction for positive outcomes. When you engage your mind in strategic thinking, you eliminate the panic that might set in once you realize your goals are not moving you forward.

Strategic thinking means that you engage the whole brain, rather say the left side only which has to do with logic. If you are not a strategic thinker, you may find that you need to do some exercises to learn how to engage the whole brain.

Whole brain thinking allows you to put a problem under a microscope, examine it using critical and analytical thinking. As you write lists and plan goals, you will use strategic thinking, to come up with timelines. This helps to chunk your goals into smaller steps and come up with resources to help you with the steps.

You may have a preconceived idea that strategic thinkers are workaholics and that would be incorrect. The best strategic thinkers take pauses throughout their days and some take 15-20 minute power naps to recharge their body and mind. They don't rush headlong into their daily tasks but take time to plan and adapt.

To really become a strategic thinker, you must learn to adapt new ways of thinking. Always be a student who is willing and excited to learn new things on the pathway of life. Strategic thinkers not only learn new things but they also learn how cut out the elements that are not moving them forward and replace them with better options.

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